

Little League Support Offerings

Must be booked by December 31st to ensure availability (Jan 28/29th already booked)

• **Independent Player Evaluations**– Our independent player evaluation is a highly detailed and filtered/sorted spreadsheet which includes evaluations on each player's hitting, fielding, throwing, base running ability as well as a general "makeup". Each skill is given a number ranking and weight and is then combined to result in a total score. Comments will be added to each player so coaches can draft their teams in a similar fashion to a fantasy football draft. The spreadsheet can be sorted and formatted however your league wishes (by age or by level).

See attached for example of tryout evaluation.

- **<u>\$750</u>** (turnaround time is approximately 5 days)
- Limited weekends available. Must be booked at least 1 month in advance
- **Outsourced Tryout** David has run tryouts for many local little leagues including Alpine LL, Menlo Atherton LL and Redwood City LL. David and his staff of enthusiastic coaches will facilitate all of the on field activities for your Little League tryout so your coaches can sit back, relax and conduct their own evaluations.
 - <u>\$750</u> (3 coaches including David for full 8 hour tryout day + additional 2 hr makeup day)
 - \circ Skill building option available (combined instruction with the tryout)
 - o Limited weekends available. Must be booked at least 1 month in advance
- **Coaches Clinic** David's coaches clinic is designed to offer parents an in depth training on the fundamentals of baseball and how best to deliver quality instruction to children. David's program offers unique drills, practice plans and philosophies to ensure kids are learning the proper skills and maximizing repetitions while still have a fun! Coaches will leave with valuable tools and practice plans to help them organize high level practices and maximize the potential of their team! *See attached for sample marketing flyer and snapshot of 15-page handout provided to coaches.*
 - <u>\$50</u>/coach or <u>\$750</u>/league (3 hour clinic)
 - Limited weekends available. Must be booked at least 1 month in advance
- **Practice Kickstarter** David will run your team's practice to teach your kids and coaches proper practice drills and habits. This program is a home run for any coaches who need guidance on how to run an efficient practice maximizing repetitions and instruction while still having fun. David will leave your coaches with practice plans so you they have a structured practiced every time they show up at the field. The practice kickstarter will teach:
 - How to set rules/standards for your team
 - A proper warm-up and stretching routine
 - A standardized throwing program
 - 3 part drill rotation to maximize reps (infield, pitching, hitting)
 - Proven drills and how to instruct children on all areas of the game
 - How to incorporate games and competition into practice
 - <u>\$150</u>/2 hour practice or 3 practice package for \$400





- Unlimited phone support after the practices are completed
- **Skills Clinics** David and his staff of knowledgeable coaches will facilitate high-level instructional clinics on various topics for your league.
 - o Hitting

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- \circ Fielding
- Advanced Pitching/Throwing
- o Intro to Pitching
- All Skills (hitting, fielding, pitching/throwing/base running)
- Please inquire for estimate. Price depends on how many kids, coaches and hours needed



David Klein's Bio Founder, Executive Director and Head Coach of Legends Baseball 501 (c) 3 Non Profit – Tax ID 800947979 650.387.4427 | David@menloparklegends.com

David Klein is the passionate Founder, Executive Director and Head Coach of Legends Baseball. An inspired teacher of the game, David has been coaching aspiring ballplayers of all ages and skill levels for over 10 years. He has strong beliefs about work ethic, dedication, goal setting and is constantly schooling his players on the mental game of baseball.

David was raised in Menlo Park, played for Alpine Little League, Palo Alto Babe Ruth and Menlo Atherton High School, where he was elected into the Baseball Hall of Fame. David continued his career at Santa Barbara City College and UC Santa Barbara where he was an all conference player his freshman and sophomore years. Following his playing career David launched Legends baseball in 2008 with the goal of creating a community-based collegiate team and summer camp in his hometown. Through the Legends program, David has coached over 40 players who have signed professional contracts and has grown the Legends Baseball non-profit to be one of the largest providers of baseball instruction in the Bay Area. His newly formed Legends academy is a holistic development program serving over 100 local ballplayers and focuses on improving children mentally, emotionally, spiritually and through the game of baseball.

Since 2012 David has been working with local little leagues to provide support for a variety of needs. He has extensive experience as an independent evaluator and has facilitated tryouts for Menlo Atherton LL, Alpine LL and Redwood City LL.

LEGENDS BASEBALL www.menloparklegends.com





To get in contact with David or to inquire about one of these offerings please email david@menloparklegends.com or call 650.387.4427. Thank you and BE LEGENDARY!

Outfield		Shortstop		Defense (5)	Pitching (5)	Hitting (5)	Running	Makeup 1	Makeup 2	Makeup (5)	TOTAL (20)	NOTES
Field	Throw	Field	Throw	Averaged						Averaged		
4.5	4.5	4	4.5	4.375	4.5	5	7.03	5	4.5	4.75	18.625	good kid, great makeup, solid contact. Tall. Lengthy. Good build.
4	4.5	4	4	4.125	4.5	5	7.98	4	4.5	4.25	17.875	power potential, work on turn. Big and strong. Controlled. Gas o
4	4	4	4	4	4	5	7.51	5	4	4.5	17.5	great player, top notch swing. Quick catch to throw. Accurate arr
3.5	4	3.5	4	3.75	4.5	5	9.47	4	4	4	17.25	hands down best hitter. Prince Fielder. First baseman. Slow feet.
3.5	3.5	4	3.5	3.625	4.5	5	9.13	4	4	4	17.125	great stroke, squared up a lot of balls. Looks the part on mound.
4	3.5	4	4	3.875	4	4	7.03	5	4.5	4.75	16.625	big kid, good swing and speed. Strong player.
4	4	4	4	4	3.5	5	7.79	4	4	4	16.5	great swing, chance to drive the ball. Prince fielder. Plays hard. G
4	4	4	4.5	4.125	4.5	4	7.58	3	4.5	3.75	16.375	squared a few balls up. Good build. Accurate arm. Stud.
4	4	3.5	3.5	3.75	4	4	7.82	5	4	4.5	16.25	big kid, drove the baseball,. Athletic big man. Makes plays. Big up
4	4	4.5	4	4.125	4	4	7.43	4	4	4	16.125	good approach, solid stroke. Great infielder. Ballplayer.
3.5	4	4	4	3.875	4	4	7.64	5	3.5	4.25	16.125	ran hard all the way through!. love this kid. Little gamer. Athletic.
4	4	3.5	4	3.875	4	4	7.59	4	4.5	4.25	16.125	good contact, size/speed combo. Tall. Very high ceiling
4	4	4	4	4	4.5	4	7.43	3	4	3.5	16	good swing, hustle. Like him on mound. Solid.
4	4.5	4	4	4.125	4.5	3	6.9	4	4.5	4.25	15.875	cant teach speed. Long and whippy. Athletic. Quick feet. Good ru
3.5	4	4	4	3.875	4	4	7.13	4	4	4	15.875	small stud, good hands and fast. Will pitch. Solid. Athletic.
3.5	4	3.5	4	3.75	4	4	7.87	4	4	4	15.75	gamer, big guy, good stroke. Big boy. Good on mound.
4	3.5	3.5	4	3.75	4	4	7.4	4	4	4	15.75	drove a ball oppo. lefty. Could be good lefty arm
4	4	4	4	4	3.5	4	7.27	4	4	4	15.5	good swing/speed combo. Little guy can play. Moves well. Good I
3	4	4	3.5	3.625	4	4	7.57	4	3.5	3.75	15.375	good player, nice line drive swing.
4	3.5	3.5	3.5	3.625	4	4	8.37	4	3.5	3.75	15.375	squared up almost every ball. Strong arm. Will be good pitcher.
3.5	4	3	4	3.625	4.5	3	8.19	4.5	4	4.25	15.375	great arm. Lots of pitching potential. Solid makeup. Will be a top p
4	3.5	4	4	3.875	3.5	4		4	4	4	15.375	. Accurate arm. Very solid all around.
4	4	4	4	4	4.5	3	8.67	3	4.5	3.75	15.25	hit hard when contact. Solid on mound
3.5	4	4	4	3.875	4	3	7.18	4	4	4	14.875	great hustle, gamer, stud. Small but athletic. Great infielder. Fant
3.5	4	4	4	3.875	4	3	7.75	4	4	4	14.875	crushed go pro. Great arm. Will be good pitcher
3.5	4	3	4	3.625	3.5	4	7.59	4	3.5	3.75	14.875	bryce harper jersey, nice swing. Good arm.
4	4	4	3.5	3.875	3.5	3	7	5	4	4.5	14.875	great makeup, lefty, gamer. Little lefty. Accurate throws. Catches
4	4	4	4	4	4	3	8.57	3	4	3.5	14.5	contact swing. Stud. Slow but under control.
3.5	3.5	3.5	3.5	3.5	3.5	4	9.41	4	3	3.5	14.5	Big guy. Seems to pitch okay
4	3.5	4	3.5	3.75	3	4	7.99	4	3.5	3.75	14.5	got the bunt down! Solid contact. Good glove but throwing needs
4	3.5	4	3.5	3.75	3.5	4	7.82	3	3.5	3.25	14.5	decent power, drove one ball oppo. Catches everything but throw
4	4.5	4	4.5	4.25	4.5	2	7.6	3	4.5	3.75	14.5	big strong kid, with speed. Ball player. Good build. Top pitcher.
4	4	4	3.5	3.875	3.5	3	7.43	4	4	4	14.375	athletic makes lots of nice plays opens shoulders on throws. big a
4	4	3.5	4	3.875	4	3	9.43	3	4	3.5	14.375	big kid, good hand eye coordination . Lefty
4	3.5	4	4	3.875	4	3	7.93	3	4	3.5	14.375	good contact last swing. Moves very nice. Good hands. Athletic
3.5	4	4	3.5	3.75	4	3	7.57	3	4	3.5	14.25	gamer, good speed. Good arm
4	4.5	4	4	4.125	4	2	7.07	4	4	4	14.125	no contact, good swing, late off machine. Great arm. Ball player.
3.5	3.5	3	3.5	3.375	3	4	7.85	3.5	4	3.75	14.125	great size. Throws right over the top. A little all over the place. In
4	4	4	4	4	3.5	3	8.19	4	3	3.5	14	quick catch to throw. Hustler. Stud. good contaact hitter
4	4.5	4	4.5	4.25	4	2	8.35	3	4.5	3.75	14	good size, late on machine. Sure glove. Good hands.
35	35	Λ	Λ	2 75	٨	3	٥	35	3	3 25	14	colid alla round. Throws strikes

Independent Player Evaluation Example





Coaches Clinic Example Flyer





A FREE clinic for all Little League managers, coaches and parents. Two hours of instruction on how to run a practice, specialized drills and techniques, and home practice strategies to bring out the best in your players.

Bring your glove!



Clinic Taught by David Klein Founder and head coach, Menlo Park Legends

- How to run a practice
- How to develop player skills
- How to develop a season plan
- How to run a game plan
- Techniques to keep players engaged and excited
- Backyard Practice skills for parents
- Confidence and focus techniques



February 8, 2015 10am-12pm | Nealon Park, Menlo Park

FREE

register online at: www.menloparklegends.com/registration

Coaches Clinic Handout Sample (15+ pages)





Includes Practice Plans



LEGENDS COACHES CLINIC

How to coach

"Children do not care how much you know, until they know how much you care"

- Teddy Roosevelt

How to show the kids you care

- Get to know your kids
- · Be approachable. Kids should be comfortable.
- Ask players questions.
- Individual attention.

How to communicate with your kids effectively

- Enthusiasm is necessary
- Eye contact
- Different types of kids/learners (5 styles of learning)
- Highest retention when saying and doing together
- Praise progress. Instill confidence. Build kids up!
- Sandwich feedback (positive, negative, positive)
- Success is doing our best. Not being the best.
- Positive reinforcement > negative punishment (don't put fear in their heads!)
- Instill confidence. Build kids up!

How to deliver basic instruction

- Make examples of players doing a drill correctly
- Use drills to perform fundamentals properly
- Quality over quantity
- Start slow
- Pay more attention to the players who are behind
- Praise progress

Skills Clinic Sample



Intro to Pitching Clinic 90 minutes

- Introduction to Pitching (5 minutes)

 Rules and expectations for today
- Dynamic Warm up (5 -7 minutes)
 - Gloves set in one spot
- Form Throwing (10-15 minutes)
 - Flips and grips
 - Bow and arrow
 - Rock backs
 - Hop off back leg
 - o Run n Gun
 - o Long toss
 - Pull downs at 45'
- Quarterbacking Drill at 45' (10-15 minutes)
- Grip Instruction (5-10 minutes)
 - o 2 seam, 4 seam, changeup
- Introduction to the Mound (10-15 minutes)
 - Pitching from the Stretch (3 pitches & practice on side)
 - Windup Instruction (10 mins)
- Review/Q&A (5 mins)

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